

Roll No.

Total No. of Questions : 09

Total No. of Pages : 02

B.Sc - Honours (Nutrition and Dietetics) (Sem.-7)

GERIATRIC NUTRITION

Subject Code : BSND 413-18

M.Code : 92626

Date of Examination : 24-11-2023

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. SECTION-A is **COMPULSORY** consisting of TEN questions carrying TWO marks each.
2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

1. Write Short Notes on :

- a) Parenteral nutrition
- b) Atherosclerosis
- c) Antioxidant
- d) Glycemin Index
- e) Malnutrition
- f) Dental changes in ageing
- g) Arteriritis
- h) Hypertension
- i) Constipation
- j) Fibre.

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SECTION-B

2. Explain the importance of giving a healthy diet during old age?
3. What are the dietary changes to be made in a person suffering from anaemia?
4. Discuss the nutritional management for a person suffering from Parkinsons.
5. Explain the role of drug food and nutrient reaction in metabolism.
6. Explain the physical and physiological changes in ageing.

SECTION-C

7. Explain the nutrient requirements of elderly in detail.
8. What are the nutrient requirements and changes for a person suffering from diabetes?
9. Explain the importance of physical exercise for functional independence.

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B.Sc- Honours (Nutrition and Dietetics) (Sem.-7)

DIET THERAPY AND NUTRITION SUPPORT-I

Subject Code : BSND 412-18

M.Code : 92625

Date of Examination : 22-11-2023

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

1. Answer briefly :

- a) Diet
- b) Nutrition Support
- c) List of outreach services
- d) BMI
- e) SGOT
- f) Amylase
- g) Any two causes of fatty liver
- h) Symptoms of colitis
- i) Difference between peptic and duodenal ulcers
- j) Importance of dietary fibre in diet.

SECTION-B

2. Throw light on the structure and administration of the dietary department.
3. Explain the food service in hospitals.
4. Write a note on the causes and symptoms of pancreatitis.
5. Discuss the causes and symptoms of patient suffering from GERD.
6. Write a note on the dietary management in cases of diverticulitis.

SECTION-C

7. a) Explain in detail, any two methods of dietary assessment to understand the nutritional status of a person.
b) Discuss the role of a dietician as a part of the medical team.
8. Write a note on the causes, symptoms and dietary management in cases of fatty liver.
9. Explain in detail the dietary and lifestyle management in case of :
 - a) Gastric ulcers
 - b) Ulcerative colitis.

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B.Sc - Honours (Nutrition and Dietetics) (Sem.-7)

SPORTS NUTRITION

Subject Code : BSND 411-18

M.Code : 92624

Date of Examination : 20-11-2023

Time : 3 Hrs.

Max. Marks : 60

INSTRUCTIONS TO CANDIDATES :

1. SECTION-A is COMPULSORY consisting of TEN questions carrying TWO marks each.
2. SECTION-B contains FIVE questions carrying FIVE marks each and students have to attempt any FOUR questions.
3. SECTION-C contains THREE questions carrying TEN marks each and students have to attempt any TWO questions.

SECTION-A

1. Write short notes on :

- a) Evolution of sports nutrition
- b) ATP energy system
- c) Iron deficiency
- d) Supplements
- e) Amenorrhoea
- f) Macronutrients in exercise
- g) Vegetarian diets
- h) Antioxidants
- i) Physiological measurements
- j) Sports Nutrition.

SECTION-B

2. Discuss the need for nutrition for sports persons.
3. Explain the lactic acid energy system during exercise.
4. What is the importance of electrolytes during exercise?
5. What are the nutritional requirements for strength training?
6. Explain the different types of anthropometric measurements.

SECTION-C

7. Write the concept and importance of sports nutrition in details.
8. Explain the role of vitamins and minerals metabolism in sports.
9. a) Explain the nutritional requirements of sports personnel involved in various sports.
b) What is the role of the following during sports :
 - i) Ergogenic aids
 - ii) Supplements

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